**How to Use Flash Cards**

Level 1

1. Choose ten cards at random (fan them out and choose 10)
2. Start by reading the notes side of the card and try to figure out what term correspond to those words
3. Create two piles with the cards:

* If you knew the term immediately, place the card in a stack
* If you didn’t know the term, place that card in a separate stack
* If you *kind of* knew the term, place the card in the “didn’t know” stack

1. Repeat the process again with the “didn’t know” stack

Level Up: Reverse the Cards

1. Pick up your “did know” stack and flip them over
2. Read the term side of the card and try to recall as much of the notes that you wrote about it
3. Create the two piles again; place on the cards that you know *all* the notes about in a new “did know” stack

Take it one step further

1. For the cards that you knew backwards and forwards, put a small green dot on the top, middle section of the card
2. For the cards that you still have a little trouble on, put a yellow dot on the top, middle section of the card
3. For the cards that you still need to work on, put a red dot on the top, middle section of the card

Tips for quizzing yourself with flash cards

1. Only do a few cards at a time (10-15).
2. A small section of those cards should be from previous lessons that you’ve already been quizzed on.
3. Once you choose your cards, don’t put them back even if you think you already know them.
4. Quiz yourself in 5-10 minute increments. 5-10 minutes a day is better than 30 minutes once a week.
5. Your cards are only as good as the notes that are on them! Make sure you’re following the “Good Note-taking Guide.”